

Nappy sacks and plastic bags are handy for disposing of used nappies, but they pose a potential suffocation and choking hazard to babies and young children.



This leaflet contains **information and advice** to help you use these items safely.

## Further support and information

The Nappy Sack Safety Campaign is supported by the following organisations.

### Child Accident Prevention Trust

[www.capt.org.uk](http://www.capt.org.uk) Tel: 020 7608 3828

### The Royal Society for the Prevention of Accidents

[www.rosipa.com/childsafety](http://www.rosipa.com/childsafety)  
Tel: 0121 248 2000

### Children in Wales

[www.childreninwales.org.uk](http://www.childreninwales.org.uk)  
Tel: 02920 342434



# Babies can suffocate on nappy sacks



## Keeping your baby safe

Help and advice for parents and carers of young children

# **Nappy sacks can kill** - at least **14 babies in England and Wales have already died**

Making some simple changes can make a big difference to your children's safety and prevent any more babies from needlessly dying.

To avoid danger of suffocation and choking:

**Do:**

Always keep nappy sacks and other plastic bags and wrapping away from babies and young children.

Buy them in a roll if possible.

**Don't:**

Never place nappy sacks in a baby's cot or pram.

## Why do nappy sacks pose a suffocation hazard to babies?

- Babies can suffocate or choke on nappy sacks.
- Young babies naturally grasp anything and put it in their mouths, but they find it more difficult to let go.
- Nappy sacks are flimsy and are small enough to fit in little mouths.

